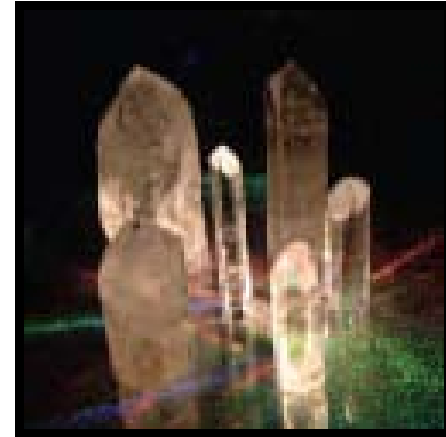
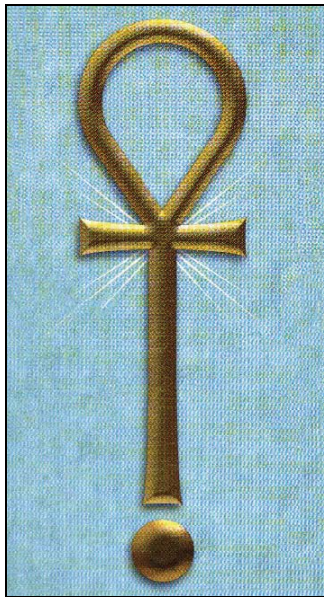


CRYSTAL AND REIKI THERAPIST

Julie Heathcote

SRN, RM, Diploma in Crystal Healing,
Usui/Tibetan Reiki Master/Teacher.



For more information, or an appointment,
please email: jules@crystal-therapy.org.uk

- ❖ All consultations confidential.
- ❖ Fully insured for crystal and reiki therapy.
- ❖ Gift vouchers and home visits available

What is Crystal Therapy?

Most people are aware of their physical body. Many people are not aware of their invisible 'energy' body. Like your physical body, this can also become damaged, leading to 'dis-ease' with physical or emotional disturbance or illness. The crystals used contain energy, which vibrates in tune with various regions of the body. These energies help the body and mind to regain the balance needed to maintain physical and emotional wellbeing.

What is Reiki?

Reiki is the laying on of hands, which directs healing energy into the body of the receiver.

What happens during a treatment?

An initial crystal or reiki therapy session usually lasts about 45 - 75 minutes. This includes taking an accurate medical history, establishing what you would like to receive from the treatment, and having the treatment carried out. Subsequent sessions last 45-60 minutes.

I will ask you to lie fully clothed on the treatment couch & relax. During a crystal healing different crystals will be placed on and around your body. Benefits of therapy can be immediate or gradual.

What do I need to do?

Relaxing will help you get the best from your treatment.

General Information

Both crystal healing and reiki are complimentary healing methods. All information remains strictly confidential.

Fees

The fees are £29:50 per session for clients based in the Peterborough, Huntingdon, Oundle and Thrapston area. Fees for further afield available on request.